



SEPTEMBER SNACK MENU 2016

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		**Whole Milk is provided for children under 2 years old.		1. Whole Wheat Toast, Mandarin Oranges & Milk	2. Plain Corn Flakes, Banana & Milk
Afternoon Snack		**1% Milk is provided for children above 2 years old.		Ritz Crackers, Cheddar Cheese & 100% Juice	Pretzels, Apples & 100% Juice
AM Snack	5. CLOSED	6. Greek Yogurt, Peaches & 100% Juice	7. Small Bagels, Mandarin Oranges & Milk	8. Granola Bars, Halo Oranges & Milk	9. Cheerios/ Chex, Pears & Milk
Afternoon Snack		Carrots, Ranch, Saltines & 100% Juice	Veggie Straws, String Cheese & 100% Juice	Wheat Thins, Broccoli w/ Cheese Sauce & Milk	Gold Fish, Cheese It's, Raisins & 100% Juice
AM Snack	12. Granola Bars, Apples & Milk	13. Graham Crackers, Pineapple & Milk	14. Greek Yogurt, Peaches & 100% Juice	15. Whole Wheat Toast, Mandarin Oranges & Milk	16. Plain Corn Flakes, Banana & Milk
Afternoon Snack	Wheat Thins, Broccoli w/ Cheese Sauce & Milk	Quesadilla, Carrots w/ranch, & Milk	Chex mix, Pears & Milk	Ritz Crackers, Cheddar Cheese & 100% Juice	Pretzels, Apples & 100% Juice
AM Snack	19. Whole Wheat Pancakes, Applesauce & Milk	20. Greek Yogurt, Mandarin Oranges & 100% Juice	21. Small Bagels, Peaches & Milk	22. Granola Bars, Halo Oranges & Milk	23. Cheerios/ Chex, Pears & Milk
Afternoon Snack	Pretzels, Vegetable and Milk	Carrots, Ranch, Saltines & 100% Juice	Veggie Straws, String Cheese & 100% Juice	Wheat Thins, Broccoli w/ Cheese Sauce & Milk	Gold Fish, Cheese It's, Raisins & 100% Juice
AM Snack	26. Granola Bars, Apples & Milk	27. Graham Crackers, Pineapple & Milk	28. Greek Yogurt, Peaches & 100% Juice	29. Whole Wheat Toast, Mandarin Oranges & Milk	30. Plain Corn Flakes, Banana & Milk
Afternoon Snack	Wheat Thins, Broccoli w/ Cheese Sauce & Milk	Quesadilla, Carrots w/ranch, & Milk	Chex mix, Pears & Milk	Ritz Crackers, Cheddar Cheese & 100% Juice	Pretzels, Apples & 100% Juice