

OCTOBER LUNCH MENU 2016

Lunch includes: Milk or 100% Apple Juice Please be sure to sign up before 10.30am

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3.	4.	5.	6.	7.
Ham & Cheese	Lunch able	Chicken Strips	Mac and Cheese w/ Turkey	Grilled Cheese
Crackers	Crackers	Mixed Vegetables	Hot Dogs	Dill Pickles
Halo Oranges	Watermelon/ Cantaloupe	White Rice	Applesauce	Vegetables
			Celery	
10.	11.	12.	13.	14.
Spaghetti w/ Alfredo	Grilled Cheese	Cheese Pizza	Lunch able	Chicken Strips
Garlic Bread	Dill Pickles	Pineapple	Crackers	Vegetables
Mandarin Oranges	Vegetables	Canned Carrots	Halo Oranges	White Rice
17.	18.	19.	20.	21.
Mac and Cheese w/ Turkey	Lunch able	Spaghetti w/ Alfredo	Mac and Cheese w/ Turkey	Cheese Pizza
Hot Dogs	Crackers	Garlic Bread	Hot Dogs	Pineapple
Applesauce	Apple Slices	Mandarin Oranges	Applesauce	Canned Carrots
Celery			Celery	
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24.	25.	26.	27.	28.
Ham & Cheese	Chicken Strips	Mac and Cheese w/ Turkey	Grilled Cheese	Spaghetti w/ Alfredo
Crackers	Vegetables	Hot Dogs	Dill Pickles	Garlic Bread
Halo Oranges	White Rice	Applesauce	Vegetables	Mandarin Oranges
31.				
Mac and Cheese w/ Turkey				**Whole Milk is Provided
Hot Dogs				for children under 2 years
Applesauce				old.
Celery				**1% Milk is provided for
Colory				children above 2 years old.