JULY SNACK MENU 2017

Monday	Tuesday	Wednesday	Thursday	Friday
2 % Milk (Sealions, Seaturtles) 1% (Jellyfish, Whales, Dolphins)	or juice offered with each snack			
3	4	5	6	7
Yogurt, granola Rice cakes, wow butter	4th of July-Closed Enjoy your Holiday!	Toast, cream cheese Crackers, cheese	French toast sticks, fruit Crackers, string cheese	Smoothies, cereal Veggie straws, fruit
10	11	12	13	14
Cereal, apples Pretzels, craisins, raisins	Nutragrain bar, fruit Rice cakes, wow butter	Bagels, cream cheese Saltines, fresh fruit	Yogurt, cereal Grilled cheese sandwich	Graham Crackers, fruit Watermelon, saltines
17	18	19	20	21
Nutragrain, fruit Graham crackers, cream cheese	Cereal, fruit Saltines, Bananas	Yogurt, granola Veggie straws, vegetable's	Smoothie: ½ banana, frozen strawberries, zucchini Nutragrain bar, fruit	French toast sticks, fruit Strawberries, sugar free cool whip
24	25	26	27	28
Yogurt, cereal Crackers, fruit	Nutragrain bar, fruit Rice Cakes, wow butter	Cereal, Fruit Crackers, Cheese	Toast, Fruit String cheese, ritz crackers	Nutragrain bar, fruit Saltines, cinnamon apples
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Yogurt, strawberries-pretzels, wow butter				

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