



SEPTEMBER 2017 SNACK MENU



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
				1
				Nutragrain bar + grapes Saltines + cinnamon apples
4	5	6	7	8
Labor Day Closed 	Cereal + bananas w/ milk Pretzels + wow butter w/ craisins + raisins	Graham Crackers + mandarin oranges Watermelon + Ritz crackers	Yogurt + granola Veggie straws + broccoli	Nutragrain bar + grapes Saltines + cinnamon apples
11	12	13	14	15
Nutragrain bar + strawberries Rice cakes + wow butter w/ peaches	Toast + cream cheese Wheat thins + cheese	Smoothie: ½ banana, frozen strawberries, zucchini + graham crackers Saltines + bananas	Yogurt + granola String cheese + gold fish + corn	Bagels + cream cheese Trail mix + Juice
18	19	20	21	22
Graham Crackers + mandarin oranges Watermelon + Ritz crackers	Cereal + bananas w/ milk Pretzels + wow butter, w/ craisins + raisins	French toast sticks + apple sauce + syrup Animal crackers + milk + fruit cocktail	Yogurt + granola Veggie straws + broccoli	Nutragrain bar + grapes Saltines + cinnamon apples
25	22	23	24	25
Nutragrain bar + strawberries Rice cakes + wow butter w/ peaches	Toast + cream cheese Wheat thins + cheese	Smoothie: ½ banana, frozen strawberries, zucchini + graham crackers Saltines + bananas	Yogurt + granola String cheese + gold fish + corn	Bagels + cream cheese Trail mix + Juice
<p>*Whole Milk (under 2 years old), 1% Milk (2 years old and above) with all meals</p> <p>**Water offered throughout the day (inside, outside & between meals)</p>				