






OCTOBER 2017 SNACK MENU



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
String cheese + veggie straws Wheat thins + cream cheese	Cereal + peaches w/ milk Nutrigrain bar + grapes	Graham crackers + mandarin oranges Rice cakes + w/ wow butter + bananas	Yogurt + granola Veggie straws + milk + fruit cocktail	Rice cakes + cream cheese Trail mix + juice
9	10	11	12	13
Toast + cream cheese Nutrigrain + yogurt	Wheat thins + applesauce Graham crackers + wow butter	Pancakes + bananas Trail mix + juice	Smoothie: ½ banana, frozen strawberries, zucchini + animal crackers Saltines + cinnamon apples	Strawberries + Ritz crackers Pretzels + wow butter w/ craisins + raisins
16	17	18	19	20
String cheese + veggie straws Wheat thins + cream cheese	Cereal + peaches w/ milk Nutrigrain bar + grapes	Graham crackers + mandarin oranges Rice cakes + w/ wow butter + bananas	Yogurt + granola Animal crackers + milk + fruit cocktail	Bagels + cream cheese Saltines + cinnamon apples
23	24	25	26	27
Toast + cream cheese Nutrigrain + yogurt	Wheat thins + applesauce Graham crackers + wow butter	French toast sticks + applesauce + syrup Trail mix + juice	Smoothie: ½ banana, frozen strawberries, zucchini + animal crackers Saltines + cinnamon apples	Strawberries + Ritz crackers Pretzels + wow butter w/ craisins + raisins
30	31			
Fruit cocktail + veggie straws Wheat thins + cream cheese	AM Fruit Cocktail Cups + String Cheese 	PM Peaches + mandarin oranges + whip cream 		

*Whole Milk (under 2 years old), 1% Milk (2 years old and above) with all meals
 **Water offered throughout the day (inside, outside & between meals)



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