



OCTOBER SNACK MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	1. Nutrigrain Bars with Fruit	2. Cereal with Bananas	3. Bagels with Cream Cheese	4. Pastry Crisps with Fruit	5. Smoothies with Graham Crackers
Afternoon Snack	Veggie Straws with Cheddar Cheese	Crackers with Wow Butter and Jelly	Animal Crackers with Fruit	Sugar Free Jell-O with Bananas and Wafers	Crackers with Olives
AM Snack	8. Honey Buns with Fruit	9. Rice Cakes with Fruit	10. Waffles with Fruit	11. Graham Crackers with Fruit	12. Yogurt with Granola
Afternoon Snack	Wheat Thins with Green Beans	Cookies with Milk	Crackers with Fresh Carrots	Pudding with Nilla Wafers	Trail Mix with Juice
AM Snack	15. Nutrigrain Bars with Fruit	16. Cereal with Bananas	17. Bagels with Cream Cheese	18. Pastry Crisps with Fruit	19. Smoothies with Graham Crackers
Afternoon Snack	Veggie Straws with Cheddar Cheese	Crackers with Wow Butter and Jelly	Animal Crackers with Fruit	Sugar Free Jell-O with Bananas and wafers	Crackers with Olives
AM Snack	22. Honey Buns with Fruit	23. Rice Cakes with Fruit	24. Waffles with Fruit	25. Graham Crackers with Fruit	26. Yogurt with Granola
Afternoon Snack	Wheat Thins with Green Beans	Cookies with Milk	Crackers with Fresh Carrots	Pudding with Nilla Wafers	Trail Mix with Juice
AM Snack	29. Nutrigrain Bars with Fruit	30. Cereal with Bananas	31. Bagels with Cream Cheese		
Afternoon Snack	Veggie Straws with Cheddar Cheese	Crackers with Wow Butter and Jelly	Halloween Treats		

Whole Milk is provided to children under 2 years old

2% Milk is provided to all children over 2 years old.