



## July Snack Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
AM Snack	1. Toasted Oat Cereal with Bananas	2. Pancakes with Fruit	3. Bagels & Cream Cheese with Fruit	4. CLOSED	5. Nutrigrain Bars and Milk	
Afternoon Snack	Quesadillas with Guacamole and Salsa	Cherry Tomatos and Cheese	Sun Butter and Jelly with Crackers		Oranges and Pretzels	
AM Snack	8. Graham Crackers with Fruit	9. Yogurt and Granola with Fruit	10. Smoothies with Cereal	11. Oatmeal with Fruit	12. Cream Cheese Toast with Fruit	
Afternoon Snack	Cucumbers with Ranch	Bell Pepper with Hummus	Radishes with Crackers	Cheese and Crackers	Apple Sauce and Wheat Thins (1's Goldfish)	
AM Snack	15. Toasted Oat Cereal with Bananas	16. Pancakes with Fruit	17. Bagels & Cream Cheese with Fruit	18. Cinnamon Toast with Fruit	19. Nutrigrain Bars and Milk	
Afternoon Snack	Quesadillas with Guacamole and Salsa	Cherry Tomatos and Cheese	Sun Butter and Jelly with Crackers	Carrots and Peas with Ranch (1's Cooked Carrots & Peas)	Oranges and Pretzels	
AM Snack	22. Graham Crackers with Fruit	23. Yogurt and Granola with Fruit	24. Smoothies with Cereal	25. Oatmeal with Fruit	26. Cream Cheese Toast with Fruit	
Afternoon Snack	Cucumbers with Ranch	Bell Pepper with Hummus	Radishes with Crackers	Cheese and Crackers	Apple Sauce and Wheat Thins (1's Goldfish)	
AM Snack	29. Toasted Oat Cereal with Bananas	30. Pancakes with Fruit	31. Bagels & Cream Cheese with Fruit			
Afternoon Snack	Quesadillas with Guacamole and Salsa	Cherry Tomatos and Cheese	Sun Butter and Jelly with Crackers			
Whole Milk is provided to children under 2 years old			1% Milk is	1% Milk is provided to all children over 2 years old.		

