

LANGARY SMACK MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
AM Snack			1. CLOSED MAPPY NEW YEAR!	2. French Toast Stix with Fruit	3. Nutrigrain Bars with Fruit	
Afternoon Snack			2020	Wheat Thins with Fruit	Pudding with Nilla Wafers	
AM Snack	6. Rice Cakes with Fruit	7. Bagels with Cream Cheese and Fruit	8. Pancakes with Fruit	9. Oatmeal with Fruit	10. Yogurt and Granola	
Afternoon Snack	Veggie Straws with Cheese	Cucumbers with Ranch and Crackers	Oranges with Pretzels	Crackers with Olives	Trail Mix with Juice	
AM Snack	13. Graham Crackers with Fruit	14. Cereal with Fruit	15. Mini Muffins with Fruit	16. French Toast Stix with Fruit	17. Nutrigrain Bars with Fruit	
Afternoon Snack	Crackers with Sun Butter and Jelly	Cinnamon Apples with Crackers (1's apple sauce pouches)	Crackers with Cheese	Wheat Thins with Fruit	Pudding with Nilla Wafers	
AM Snack	20. Rice Cakes with Fruit	21. Bagels with Cream Cheese and Fruit	22. Pancakes with Fruit	23. Oatmeal with Fruit	24. Yogurt and Granola	
Afternoon Snack	Veggie Straws with Cheese	Cucumbers with Ranch and Crackers	Oranges with Pretzels	Crackers with Olives	Trail Mix with Juice	
AM Snack	27. Graham Crackers with Fruit	28. Cereal with Fruit	29. Mini Muffins with Fruit	30. French Toast Stix with Fruit	31. Nutrigrain Bars with Fruit	
Afternoon Snack	Crackers with Sun Butter and Jelly	Cinnamon Apples with Crackers (1's apple sauce pouches)	Crackers with Cheese	Wheat Thins with Fruit	Pudding with Nilla Wafers	
Whole Milk is provided to children under 2 years old			1% Milk is	1% Milk is provided to all children over 2 years old.		



