

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack			1. Pancakes and Fruit	2. Cereal with Milk and Fruit	3. Rice Cakes with Fruit
Afternoon Snack			Crackers and Sun Butter	Carrots with Ranch and Crackers	Cheeseburgers with Chips and Fruit
AM Snack	6. Graham Crackers and Fruit	7. French Toast Stix and Fruit	8. Mini Muffins and Fruit	9. Pancake Wrapped Sausage and Fruit	10. Special K Crisps and Fruit
Afternoon Snack	Trail Mix and Cheese	Cheese Roll-Ups and Fruit	Pudding and Nilla Wafers	Oranges and Pretzel	Cucumbers and Ranch with Crackers
AM Snack	13. Nutrigrain Bars with Crackers and Fruit	14. Yogurt and Granola	15. Pancakes and Fruit	16. Cereal with Milk and Fruit	17. Rice Cakes with Fruit
Afternoon Snack	Olives and Cheese with Crackesr	Veggie Straws and Fruit	Crackers and Sun Butter	Carrots with Ranch and Crackers	Cheeseburgers with Chips and Fruit
AM Snack	20. Nutrigrain Bars with Crackers and Fruit	21. French Toast Stix and Fruit	22. Mini Muffins and Fruit	23. Pancake Wrapped Sausage and Fruit	24. Special K Crisps and Fruit
Afternoon Snack	Trail Mix and Cheese	Cheese Roll-Ups and Fruit	Pudding and Nilla Wafers	Oranges and Pretzel	Cucumbers and Ranch with Crackers
AM Snack	27. Nutrigrain Bars with Crackers and Fruit	28. Yogurt and Granola	29. Pancakes and Fruit	30. Cereal with Milk and Fruit	31. Rice Cakes with Fruit
Afternoon Snack	Olives and Cheese with Crackesr	Veggie Straws and Fruit	Crackers and Sun Butter	Carrots with Ranch and Crackers	Cheeseburgers with Chips and Fruit

