



# JANUARY SNACK MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	4. Bel Vita Bars with Fruit	5. French Toast Stix with Fruit	6. Rice Cakes with Fruit	7. Bagels with Cream Cheese and Fruit	8. Yogurt with Cereal
Afternoon Snack	Pretzel Crips with Olives	Zucchini with Crackers	Salami with Cheese and Crackers	Trail Mix with Veggies	Ham and Cheese Roll-Ups
AM Snack	11. Nutrigrain Bars with Fruit	12. Graham Crackers with Cream Cheese and Fruit	13. Special K Bars with Fruit	14. Cereal with Fruit	15. Pancake Wrapped Sausage with Fruit
Afternoon Snack	Turkey with Cheese and Crackers	Veggie Straws with Cherry Tomatoes	Pudding with Nilla Wafers	Quesadillas with Salsa and Guacamole	Puffcorn with Cucumbers
AM Snack	18. Bel Vita Bars with Fruit	19. French Toast Stix with Fruit	20. Rice Cakes with Fruit	21. Bagels with Cream Cheese and Fruit	22. Yogurt with Cereal
Afternoon Snack	Pretzel Crips with Olives	Zucchini with Crackers	Salami with Cheese and Crackers	Trail Mix with Veggies	Ham and Cheese Roll-Ups
AM Snack	25. Nutrigrain Bars with Fruit	26. Graham Crackers with Cream Cheese and Fruit	27. Special K Bars with Fruit	28. Cereal with Fruit	29. Pancake Wrapped Sausage with Fruit
Afternoon Snack	Turkey with Cheese and Crackers	Veggie Straws with Cherry Tomatoes	Pudding with Nilla Wafers	Quesadillas with Salsa and Guacamole	Puffcorn with Cucumbers
Whole Milk is provided to children under 2 years old			1% Milk is provided to all children over 2 years old.		

