

September Snack Menu John



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				1. Bagels and Cream Cheese	2. Mini Pancakes and Fruit
Afternoon Snack				Veggie Straws and String Cheese	Pretzels with Sun Butter and Raisins
AM Snack	CLOSED	6. Yogurt and Bananas	7. Cereal and Fruit	8. Cinnamon Rolls and Fruit	9. French Toast Stix and Fruit
Afternoon Snack	Happy Labor Day!	Salami with Cheese and Crackers	Chips and Guacamole	Cinnamon Apples and Crackers (1's Applesauce Pouch)	Pudding and Nilla Wafers
AM Snack	12. Rice Cakes and Fruit	13. English Muffins and Jelly	14. Smoothis and Bel Vita Bars	15. Bagels and Cream Cheese	16. Mini Pancakes and Fruit
Afternoon Snack	Turkey Pinwheels	Hummus and Bel Peppers	Mini Grilled Cheese Sandwiches	Veggie Straws and String Cheese	Pretzels with Sun Butter and Raisins
AM Snack	19. Nutrigrain Bars and Fruit	20. Yogurt and Bananas	21. Cereal and Fruit	22. Cinnamon Rolls and Fruit	23. French Toast Stix and Fruit
Afternoon Snack	Cucumbers with Ranch and Crackesr	Salami with Cheese and Crackers	Chips and Guacamole	Cinnamon Apples and Crackers (1's Applesauce Pouch)	Pudding and Nilla Wafers
AM Snack	26. Rice Cakes and Fruit	27. English Muffins and Jelly	28. Smoothis and Bel Vita Bars	29. Bagels and Cream Cheese	30. Mini Pancakes and Fruit
Afternoon Snack	Turkey Pinwheels	Hummus and Bel Peppers	Mini Grilled Cheese Sandwiches	Veggie Straws and String Cheese	Pretzels with Sun Butter and Raisins
Whole Milk is provided to children under 2 years old			1% Milk is provided to all children over 2 years old.		

