



# January Snack Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	2.  <b>CLOSED</b>	3. Bel Vita Bars and Fruit	4. Gogurt and Cheerios	5. Apples and Sun Butter	6. Mini Muffins and Fruit
Afternoon Snack		Grilled Cheese and Snap Peas	Cheez-Its and Fruit	Oranges and Pretzels	Meat, Cheese and Crackers
AM Snack	9. French Toast Sticks and Fruit	10. Peaches and Cottage Cheese	11. Toast and Applesauce	12. Bagels and Cream Cheese	13. Special K Crisps and Yogurt
Afternoon Snack	Cinnamon Sugar Apples and Crackers	Sun Butter and Jelly Sandwiches	Bell Peppers and Hummus	Pudding and Nilla Wafers	Cucumbers and Ranch with Crackers
AM Snack	16. Pancakes and Fruit	17. Bel Vita Bars and Fruit	18. Gogurt and Cheerios	19. Apples and Sun Butter	20. Mini Muffins and Fruit
Afternoon Snack	Cheese Sticks and Grapes	Grilled Cheese and Snap Peas	Cheez-Its and Fruit	Oranges and Pretzels	Meat, Cheese and Crackers
AM Snack	23. French Toast Sticks and Fruit	24. Peaches and Cottage Cheese	25. Toast and Applesauce	26. Bagels and Cream Cheese	27. Special K Crisps and Yogurt
Afternoon Snack	Cinnamon Sugar Apples and Crackers	Sun Butter and Jelly Sandwiches	Bell Peppers and Hummus	Pudding and Nilla Wafers	Cucumbers and Ranch with Crackers
AM Snack	30. Pancakes and Fruit	31. Bel Vita Bars and Fruit			
Afternoon Snack	Cheese Sticks and Grapes	Grilled Cheese and Snap Peas			
Whole Milk is provided to children under 2 years old			1% Milk is provided to all children over 2 years old.		