



February



Sweetheart Cinnamon Rolls

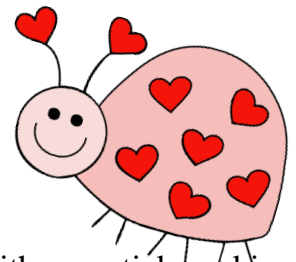
FUN VALENTINE'S DAY TREAT

Ingredients:

Flaky cinnamon rolls with icing
Sprinkles (optional)

Instructions:

Preheat oven to 350°. Spray a 9-inch round cake pan with non-stick cooking spray. Carefully unwind each roll into a long strip of dough, leaving center coiled. Coil the unrolled end of each strip in toward center, making two equal coils. Pull middle of strip down to make a point, forming a heart shape; pinch point. Place in pan, points toward center. Bake 13 to 15 minutes or until golden brown. Cool 5 minutes before removing to cooling rack. Spread or drizzle frosting over warm rolls. Optional: add sprinkles.



| | |
|--------------|---------------|
| Stella | 5 Years-Old |
| Caiden | 5 Years-Old |
| Tate | 1 Year-Old |
| Finley | 4 Years-Old |
| Harrison | 4 Years-Old |
| Caelum | 3 Years-Old |
| Tzartania | 5 Years-Old |
| Logan | 5 Years-Old |
| Ms. Kyra | Young @ Heart |
| Ms. Michelle | Young @ Heart |
| Ms. Hailey | Young @ Heart |



dentistry
for **kids** Care kids love.

Reps from Dentistry for Kids will be coming by to do a demonstration in our Sea Turtles, Dolphins and Whales classrooms for Pediatric Dental Health Month on Feb 9th!

\$100 OFF Tuition

Refer a friend to Caughlin Club Kidz and get a \$100 **OFF** tuition.

*Some restrictions may apply. Must be enrolled at least 3 full days per week for 90 days. Limited to one child per family. In order to redeem present to Director.



HAPPY
Valentine's Day

Extra Activities Available

Piano with Lusa Rylski
Swim Lessons and Tennis too...





February



Valentine's Day Marbled Milk

Materials:

Milk
Bowls
Food Coloring
Heart Cookie Cutters
Liquid Dish Soap
Toothpick

Directions: Place a heart cookie cutter in a dish or baking sheet. Pour milk into the cookie cutter. It will leak out you just need a thin film covering the bottom. Squeeze a few drops of food coloring into the milk. Add glitter if you'd like. Dip the end of a toothpick into the dish soap and then into the center of a drop of food coloring. Repeat as you'd like.

Curriculum Corner:

Week 1: Chinese New Year/Lantern Festival

Week 2: Dental Health/Valentine's Day

Week 3: Friendship/Feelings

Week 4: Dr. Seuss

Number: 2/Dos **Letter:** C & D

Color: Pink **Shape:** Heart/Corazon

Yoga Pose: Cat

Sign Language: Eat & Drink

Spanish: Comer & Bebido



On Thursday mornings the Sea Turtles, Dolphins and Whales do Yoga with Ms. Audrey. She is a Yoga Instructor in the Caughlin Athletic Club.

Spring Break

Adventure Camp will be open for a fun Spring Break program, March 24th to April 5th. Registration forms will be available soon so keep your eyes out for that! ☺



IMPORTANT DATES:

WEAR HEARTS — FEB 6TH

LUNAR NEW YEAR — FEB 10TH

WEAR RED AND PINK — FEB 14TH

PRESIDENT'S DAY — FEB 19TH

PAJAMA DAY — FEB 23RD

FUZZY SOCK DAY — FEB 29TH