

## September Snack Menu Spinar

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	CLOSED  Closed  Cobed  FOR	2. Muffin Bars with Fruit	3. Smoothies with French Toast Stix	4. Cereal with Milk and Fruit	5. Pancakes with Syrup and Fresh Fruit
Afternoon Snack	LAB®R	Olives with Goldfish	Apples with Sun Butter	Bean and Cheese Quesadillas	Fruit Twists with Crackers
AM Snack	8. Graham Crackers with Cream Cheese and Fruit	9. Pancake Wrapped Sausage with Fruit	10. Yogurt with Granola and Fresh Fruit	11. Rice Cakes with Sun Butter and Fruit	12. Nutrigrain Bars with Fruit
Afternoon Snack	Trail Mix with String Cheese	Animal Crackers with Gogurt	Chips with Salsa	Pretzels with Oranges	Salami with Cheese and Crackers
AM Snack	15. Cottage Cheese with Pineapple	16. Muffin Bars with Fruit	17. Smoothies with French Toast Stix	18. Cereal with Milk and Fruit	19. Pancakes with Syrup and Fresh Fruit
Afternoon Snack	Snap Pea Crisps with Cheese Sticks	Olives with Goldfish	Apples with Sun Butter	Bean and Cheese Quesadillas	Fruit Twists with Crackers
AM Snack	22. Graham Crackers with Cream Cheese and Fruit	23. Pancake Wrapped Sausage with Fruit	24. Yogurt with Granola and Fresh Fruit	25. Rice Cakes with Sun Butter and Fruit	26. Nutrigrain Bars with Fruit
Afternoon Snack	Trail Mix with String Cheese	Animal Crackers with Gogurt	Chips with Salsa	Pretzels with Oranges	Salami with Cheese and Crackers
AM Snack	29. Cottage Cheese with Pineapple	30. Muffin Bars with Fruit			
Afternoon Snack	Snap Pea Crisps with Cheese Sticks	Olives with Goldfish			
Whole Milk is provided to children under 2 years old			1% Milk is provided to all children over 2 years old.		

