



# January Snack Menu



|                                                      | MONDAY                               | TUESDAY                           | WEDNESDAY                                             | THURSDAY                    | FRIDAY                            |
|------------------------------------------------------|--------------------------------------|-----------------------------------|-------------------------------------------------------|-----------------------------|-----------------------------------|
| AM Snack                                             |                                      |                                   |                                                       | 1.<br><b>CLOSED</b>         | 2. Yogurt with Granola and Fruit  |
| Afternoon Snack                                      |                                      |                                   |                                                       |                             | Broccoli with Cheese and Crackers |
| AM Snack                                             | 5. Graham Crackers and Cream Cheese  | 6. French Toast Sticks and Fruit  | 7. Cereal with Milk and Fruit                         | 8. Bagels and Cream Cheese  | 9. Special K Crisps and Yogurt    |
| Afternoon Snack                                      | Cinnamon Sugar Apples and Crackers   | Grilled Cheese and Snap Peas      | Gogurt and Cheez-Its                                  | Pudding and Nilla Wafers    | Cucumbers and Ranch with Crackers |
| AM Snack                                             | 12. Pancakes and Fruit               | 13. Bel Vita Bars and Fruit       | 14. Smoothies with Fruit                              | 15. Apples and Sun Butter   | 16. Mini Muffins and Fruit        |
| Afternoon Snack                                      | Cheese Sticks and Trail Mix          | Sugar Free Jell-O and Grapes      | Bell Peppers and Hummus                               | Oranges and Pretzels        | Meat, Cheese and Crackers         |
| AM Snack                                             | 19. Graham Crackers and Cream Cheese | 20. French Toast Sticks and Fruit | 21. Cereal with Milk and Fruit                        | 22. Bagels and Cream Cheese | 23. Special K Crisps and Yogurt   |
| Afternoon Snack                                      | Cinnamon Sugar Apples and Crackers   | Grilled Cheese and Snap Peas      | Gogurt and Cheez-Its                                  | Pudding and Nilla Wafers    | Cucumbers and Ranch with Crackers |
| AM Snack                                             | 26. Pancakes and Fruit               | 27. Bel Vita Bars and Fruit       | 28. Smoothies with Fruit                              | 29. Apples and Sun Butter   | 30. Mini Muffins and Fruit        |
| Afternoon Snack                                      | Cheese Sticks and Trail Mix          | Sugar Free Jell-O and Grapes      | Bell Peppers and Hummus                               | Oranges and Pretzels        | Meat, Cheese and Crackers         |
| Whole Milk is provided to children under 2 years old |                                      |                                   | 1% Milk is provided to all children over 2 years old. |                             |                                   |