



January Snack Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack				1. CLOSED	2. Yogurt with Granola and Fruit
Afternoon Snack					Broccoli with Cheese and Crackers
AM Snack	5. Graham Crackers and Cream Cheese	6. French Toast Sticks and Fruit	7. Cereal with Milk and Fruit	8. Bagels and Cream Cheese	9. Special K Crisps and Yogurt
Afternoon Snack	Cinnamon Sugar Apples and Crackers	Grilled Cheese and Snap Peas	Gogurt and Cheez-Its	Pudding and Nilla Wafers	Cucumbers and Ranch with Crackers
AM Snack	12. Pancakes and Fruit	13. Bel Vita Bars and Fruit	14. Smoothies with Fruit	15. Apples and Sun Butter	16. Mini Muffins and Fruit
Afternoon Snack	Cheese Sticks and Trail Mix	Sugar Free Jell-O and Grapes	Bell Peppers and Hummus	Oranges and Pretzels	Meat, Cheese and Crackers
AM Snack	19. Graham Crackers and Cream Cheese	20. French Toast Sticks and Fruit	21. Cereal with Milk and Fruit	22. Bagels and Cream Cheese	23. Special K Crisps and Yogurt
Afternoon Snack	Cinnamon Sugar Apples and Crackers	Grilled Cheese and Snap Peas	Gogurt and Cheez-Its	Pudding and Nilla Wafers	Cucumbers and Ranch with Crackers
AM Snack	26. Pancakes and Fruit	27. Bel Vita Bars and Fruit	28. Smoothies with Fruit	29. Apples and Sun Butter	30. Mini Muffins and Fruit
Afternoon Snack	Cheese Sticks and Trail Mix	Sugar Free Jell-O and Grapes	Bell Peppers and Hummus	Oranges and Pretzels	Meat, Cheese and Crackers
Whole Milk is provided to children under 2 years old			1% Milk is provided to all children over 2 years old.		