



SEPTEMBER SNACK MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack		1. Pancakes with Syrup and Fruit	2. Muffin Bars with Fruit	3. Toast with Jelly and Fuit	4. Smoothies with Fruit
Afternoon Snack		Chex Mix with Applesauce	Sugar Free Jell-O with Strawberries	Pretzels with String Cheese	Turkey and Cheese Lunchables
Morning Snack	7. CLOSED	8. Bagels with Cream Cheese and Fruit	9. Pancake Wrapped Sausage with Fruit	10. Cottage Cheese with Peaches	11. Yogurt and Granola with Fruit
Afternoon Snack		Gogurt and Oranges	Quesadillas with Sour Cream and Salsa	Carrots with Ranch and Crackers (1's canned carrots)	English Muffin Pizzas
Morning Snack	14. Rice Cakes and Sun Buter	15. Pancakes with Syrup and Fruit	16. Muffin Bars with Fruit	17. Toast with Jelly and Fuit	18. Smoothies with Fruit
Afternoon Snack	Cinnamon Apples and Crackers	Chex Mix with Applesauce	Sugar Free Jell-O with Strawberries	Pretzels with String Cheese	Turkey and Cheese Lunchables
Morning Snack	21. Cereal with Milk	22. Bagels with Cream Cheese and Fruit	23. Pancake Wrapped Sausage with Fruit	24. Cottage Cheese with Peaches	25. Yogurt and Granola with Fruit
Afternoon Snack	Fruit Strips with Crackers	Gogurt and Oranges	Quesadillas with Sour Cream and Salsa	Carrots with Ranch and Crackers (1's canned carrots)	English Muffin Pizzas
Morning Snack	28. Rice Cakes and Sun Buter	29. Pancakes with Syrup and Fruit	30. Muffin Bars with Fruit		
Afternoon Snack	Cinnamon Apples and Crackers	Chex Mix with Applesauce	Sugar Free Jell-O with Strawberries		
Whole Milk is provided to children under 2 years old			1% Milk is provided to all children over 2 years old.		

